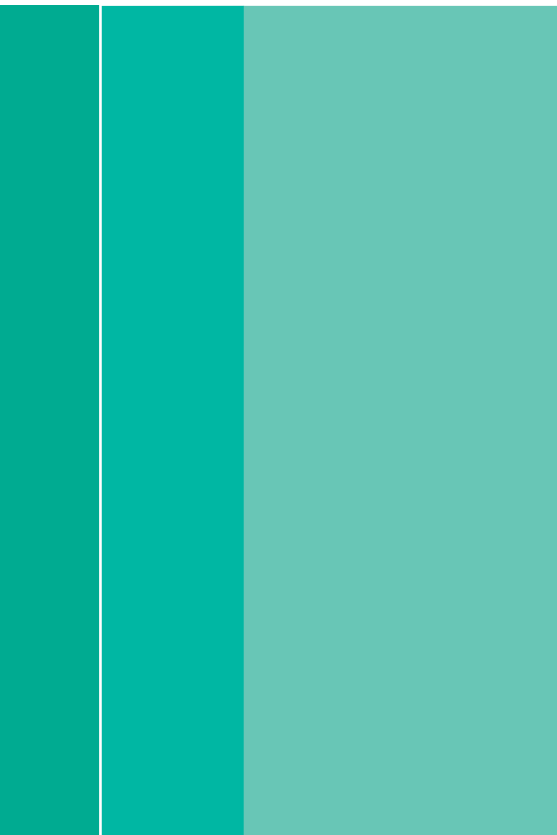


Prontoderm®

A Real Knockout for Decolonisation



B | BRAUN
SHARING EXPERTISE

Prontoderm[®]

A Real Knockout for Decolonisation

Patient Information for MRSA Decolonisation

What are MSSA and MRSA?

Both are strains of Staphylococcus Aureus bacteria which can be found harmlessly on the skin and in the nasal passage of up to 50% of the population. Anyone can be a carrier and not be harmed which is known as colonisation.

Why it is important to decolonise?

There is a risk that if you have a wound or break in the skin from indwelling devices such as catheters and cannulae, MSSA/MRSA bacteria can be

transmitted from the skin into the blood. The germs can then cause an infection. It is also possible that MSSA/MRSA bacteria may be transferred to other patients in hospital putting them at risk. So, for your own sake and others, it is important to follow the Prontoderm usage instructions to help decolonise the bacteria from the skin.

Why have I been given Prontoderm?

Prontoderm effectively removes MSSA/MRSA from your body and nose.

Body Decolonisation – Prontoderm Foam

When? **ONCE DAILY** for five days

How? **BODY**

- Shower (or bathe) as normal using your own products
- Wash your body and face paying particular attention to area around armpits, navel (belly button), groin and perineum (genital area)
- Patients confined to bed should be washed using a standard bed bath technique
- Rinse thoroughly and dry thoroughly with a clean towel
- Prontoderm Foam – apply a golf ball size amount to each area of the body e.g. arm, leg, front – ensure full coverage and rub in until dry



THERE IS NO NEED TO RINSE OFF FOAM

Hair Decolonisation – Prontoderm Foam

When? **ONCE DAILY** for five days

How? **HAIR**

- Wash your hair with shampoo as normal
- Towel dry with a clean towel
- Apply enough Prontoderm Foam to cover scalp and comb through



Nasal Decolonisation – Prontoderm Nasal Gel

When? **THREE TIMES PER DAY** - morning, midday and night for five days

How? **NOSE**

- Using little finger apply a small pea-size amount of Prontoderm Gel in each nostril
- Pinch nostrils lightly together after application



Mouth Decolonisation – ProntOral or other alternative

When? **TWICE DAILY** for five days

How? **MOUTH**

- In the morning and before bed, brush your teeth with normal toothpaste
- Gargle or rinse around your mouth with 10ml of mouthwash for 1-2 minutes
- Don't swallow the mouthwash
- Patients who can't gargle dip toothbrush in mouthwash and clean inside mouth



Personal Protocol for MRSA Decolonisation

Start your treatment on _____

Day 1		Day 2		Day 3	
Body	<input type="checkbox"/>	Body	<input type="checkbox"/>	Body	<input type="checkbox"/>
Hair	<input type="checkbox"/>	Hair	<input type="checkbox"/>	Hair	<input type="checkbox"/>
Nasal x 3	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Nasal x 3	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Nasal x 3	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Mouth x 2	<input type="checkbox"/> <input type="checkbox"/>	Mouth x 2	<input type="checkbox"/> <input type="checkbox"/>	Mouth x 2	<input type="checkbox"/> <input type="checkbox"/>

Day 4		Day 5	
Body	<input type="checkbox"/>	Body	<input type="checkbox"/>
Hair	<input type="checkbox"/>	Hair	<input type="checkbox"/>
Nasal x 3	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Nasal x 3	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Mouth x 2	<input type="checkbox"/> <input type="checkbox"/>	Mouth x 2	<input type="checkbox"/> <input type="checkbox"/>

(Nurse will advise)

Prontoderm Product Codes

Article Number	NHS Supply Chain Code	Description	Size	Quantity	PIP Codes
PROD001	MRB397	MRSA decolonisation pack 1		1 x box (10)	
PROD002	MRB398	MRSA decolonisation pack 2		1 x box (10)	
400111	MRB395	Prontoderm Foam	200 ml	1 x box (20)	343-3984
400200	MRB393	Prontoderm Nasal Gel	30 ml	1 x box (20)	343-4024
400700	MRB396	ProntOral	250 ml	1 x box (10)	

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